

**Help Lines:**

Alateen (No Fee).....769-8996

Hosting meetings and counseling sessions to help teenagers with problems related to their own or family member's alcohol abuse.

Anchorage Children's Home (No Fee).....763-7102

Help for runaway youth or for neglected or abused youth.

Catholic Social Services (Low Cost or No Fee).....763-0475

Pregnancy testing; Counseling services; Family counseling.

C.A.R.E. (Low Cost or No Fee)..... 872-7676

Stands for Chemical Addictions Recovery Effort. Outpatient counseling related to drug and alcohol abuse.

Family Health Services Center (Low Cost or No Fee).....872-4720

Special clinics for teens addressing sexually transmitted diseases. Testing for H.I.V and pregnancy.

Life Management Center (Low Cost or No Fee).....769-9481

Personal and family counseling for youth experiencing emotional/mental distress. Available are support groups and training with problems such as anxiety, depression, anger control, self esteem. Diagnostic services available for serious disorders.

Pregnancy Center (No Fee).....763-1100

Pregnancy testing and counseling.

Domestic Violence & Rape Counseling Center.....769-7989

Salvation Army Program (No Fee).....763-0706

Medical and counseling services for victims of physical, (emerg) mental, sexual abuse. Temporary emergency shelter.

Child Abuse

**1-800-96-ABUSE**